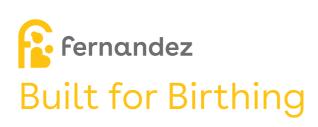
Your Child's Development is a Journey
Check your child's milestones and share his/her progress regularly with the doctor

Age	Movement	Communication	Cognition	Emotions
2 months	Can hold head up and begins to push up when lying on the tummy	Coos, makes gurgling sounds	Pays attention to faces	Begins to smile at people
4 months	Holds head steady, unsupported	Begins to babble	Follows moving things Begins to babble with eyes from side to side	Smiles spontaneously, especially at people
6 months	Rolls over in both directions (front to back and back to front)	Responds to sounds by making sounds	Looks around at things nearby	Likes to look at self in a mirror
9 months	Sits without support	Makes different sounds like "mamama" and "babababa"	Move things smoothly from one hand to another	May be afraid of strangers
1 year	Pulls up to stand, walks holding on to furniture	Uses simple gestures like shaking head "no" or waving "bye-bye"	Starts to use things correctly eg. drinks from a cup	Cries when mom/dad leaves
1½ year	Walks without support	Says several single words	Scribbles on his/her own	Points to show others something interesting
2 years	Kicks a ball	Points to things/pictures when they are named	Begins to sort shapes & colours	Gets excited when with other friends
3 years	Climbs well	Follows instructions with 2-3 steps	Copies a circle with pencil/ crayon	Copies adults and friends
4 years	Hops and stands on one foot up to 2 secs	Can sing memorized song or poem	Names some colours/ numbers	Enjoys doing new things
5 years	Hops; may be able to skip	Uses full sentences	Counts 10 or more things	Likes to sing/dance/act

These are just a few of the many important milestones to look for. For a complete checklist (by age), visit www.cdc.gov/ActEarly

Neonatal Emergency					
Bogulkunta 80084 03159		Hyderguda 80084 03160		Banjara Hills 73373 20891	
Lactation Helpline					•

For appointments, call 1800 419 1397 (Toll Free) • Email lactline@fernandez.foundation



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